

Bette Perot Elementary School
Patriot POWER Wellness Expo

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**Angie L. Van Ronk
PTA Family Programs Team Lead**

To Whom It May Concern:

In conjunction with the Patriot POWER Wellness Expo our school will be hosting in January, we are encouraging Bette Perot students to consider the question “How does school affect your wellness?” and to create a mini-poster depicting their ideas as they address one or more of the following elements of a person’s overall wellness: intellectual, physical, social, environmental, emotional, and spiritual.

Additionally, our students are encouraged throughout the year to participate in physical activities such as running in our weekly after-school running club, walking or biking (or “skating/scooting”) to school on Walk & Wheel Wednesdays, jumping rope for a healthy heart, logging miles for “Walk Across America”, hula hooping in PE class, and always playing in safe, productive ways that keep their bodies as well as their minds active and fit before, during and after-school.

As an incentive to attend the expo, participate in wellness activities, and as a reward to those who put forth their best efforts in our proposed poster contest, we’re asking for donations of sports equipment to be given away at our wellness expo. While any donation would be sincerely appreciated, we’ve made a list of popular items that offer the most benefit to our students. If Academy Sports & Outdoor is willing to supply us with any of the items listed below, please contact us as soon as possible, and a donation receipt by our non-profit PTA will be promptly issued in return.

Once again, on behalf of our school, its volunteers, and most of all - our students, I thank you in advance for any and all support you can offer us in our effort to keep the bodies, minds, and spirits of our students healthy and fit.

Sincerely,

Angie L. Van Ronk

Bette Perot Elementary PTA
Family Programs Team Lead

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The Bette Perot Elementary School PTA is requesting donations of sports equipment to be given away as rewards to students who attend the school wellness expo, participate in wellness activities, and do an outstanding job in describing how school affects their wellness. The following is a list of items we're hoping to acquire for this purpose:

- Bicycles (female & male)
- Bicycle/skating safety helmets
- Razor scooters
- Skateboard (traditional, longboard, Ripstick)
- In-line skates/roller skates & associated safety equipment
- Hula Hoops
- Jump ropes
- Balls (basketballs, footballs, baseballs & bats/mitts, softballs, kickballs)
- Running shoes
- Pedometers

For those items that require sizing, we request either exchangeable equipment or gift certificates/cards to be used to purchase the correct size in that specific item alone. Again, we thank you for your support.

Sincerely,

Angie L. Van Ronk

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