



- Bette Perot PTA Running Club will be starting its SIXTEENTH YEAR for the purpose of promoting FUN, FITNESS, and FELLOWSHIP within our school community!
- We will meet every **TUESDAY** after school. (See below for date information). We will run laps around the back playing field. Warm ups and stretches will start at 3:25p. Last lap will be called at 4:10p and Running Club will finish at 4:15p

**sharp.** Each runner will have their hand marked as he/she completes each lap around the playing field. At the end of the session, all of the marks are counted and recorded. We will tally them for the children to earn the ever-desired toe tokens to display on their back packs. Each runner will get seasonal monthly tokens, tokens for completing races (1 mile, 5k, 10k, etc.) outside of running club and other special tokens.

- We REALLY do need adult helpers, and “presence”, every time we meet to make things run smoothly. The more, the better! If you would enjoy being a part of this worthwhile effort, please let us know! We will be happy to have you and give you a job to do! There will be special raffles held for parent volunteers. The more hours you volunteer, the better chance you have of winning a prize!
- In case of inclement weather, the school front office will be notified by noon on Tuesday if running club will be held or not. Please call the school office at 817-744-4600 if you are uncertain.
- Kids in grades 2-4 are welcome to run by themselves, although we always love when parents (grandparents, younger siblings in strollers, etc...) join us. At the end of the school day, there will be an announcement for Running Club and those in grades 2-4 will be released to their running club volunteer.
- Kids in **Kindergarten and 1<sup>st</sup> grade** will need an adult guardian to be there while they run. **THERE WILL BE NO EXCEPTIONS TO THIS RULE.** Please get your child and bring them to the running club field. **YOU MUST stay at Running Club with your child at all times.**
- If you will be attending running club and have a preschooler, we are accepting applications for preschoolers that are bothers/sisters of BPES Running Club Members to participate with their older siblings; they will earn charms just like their longer legged counterparts! The cost per Preschool Patriot is \$5.
- To participate, please **fill out the Running Club Registration form in its entirety and return it with payment** to your child’s teacher as soon as possible. There are discounted rates for multiple children in the same family. We must have the completed release form **BEFORE** your child will be allowed to participate.
- Running Club T-Shirts for club members, parents and siblings may be purchased for \$10 each. Have your runner wear their t-shirt on Tuesdays so that the teachers know where to send your child after school. It is also fun for the kids to see and meet others in the club!
- Please make your checks payable to **BPE PTA.**
- To group order, we **MUST** have all order forms back by October 1<sup>st</sup>. **PLEASE ORDER EARLY!**
- We are looking forward to seeing you at the first running session on **Tuesday, SEPTEMBER 27th!** Please look at the PTA website ([www.bpespta.org](http://www.bpespta.org)) for possible Running Club updates! Thank you for the opportunity to serve your family and contribute to the well being of our school community. If you have any questions or concerns, please feel free to contact Dana Johnson or Stephanie Doyle ([bpesrunningclub@gmail.com](mailto:bpesrunningclub@gmail.com)).



# Patriot Pacers Registration

## Participant Information and Fees

Name of Participant(s)	Grade/Teacher	Cost \$
1. _____	_____/_____	\$10
2. _____	_____/_____	\$8
3. _____	_____/_____	\$6
4. _____	Preschool Patriot	\$5
<b>Total Registration Fees:</b>		<b>\$ _____</b>

## T-Shirt (\$10 each)

Shirt Size(s) to Order:

\_\_\_\_\_ YXS    \_\_\_\_\_ YS    \_\_\_\_\_ YM    \_\_\_\_\_ YL  
 \_\_\_\_\_ AS    \_\_\_\_\_ AM    \_\_\_\_\_ AL    \_\_\_\_\_ AXL    \_\_\_\_\_ AXXL

**Total T-Shirt Fees:** \$ \_\_\_\_\_

Please make checks payable to BPE PTA, Thank you!

**Total Fee:** \$ \_\_\_\_\_

## Contact info during RUNNING CLUB Tuesday afternoons (3:25 pm – 4:15pm):

Name	_____	Phone	_____
Name	_____	Phone	_____
Name	_____	Phone	_____

## How will your child(ren) get home?:

- I will attend with child(ren) in Preschool, Kindergarten and/or 1<sup>st</sup>.
- My child attends Clayton after school care \_\_\_\_\_.
- My child is a car rider/will be picked up.
- My child be walking/riding bike home. **(signature required)** \_\_\_\_\_

### Patriot Pacer Running Club

I, the parent or guardian of \_\_\_\_\_, hereby release the Patriot Pacers Running and the BPE PTA, all running club volunteers, and waive all responsibility on their part for any liability with respect to my child participating in a non-school sponsored running club. This waiver and release extends to all activities pertaining to this Running Club and shall release the Patriot Pacer Running Club, the BPE PTA, and all Running Club volunteers from liability.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Name of Participant(s)

\_\_\_\_\_  
Date

**Parent Email Address** \_\_\_\_\_