



Patriot Pacers Running Club

Welcome to the Patriot Pacers Running Club! We would like to give you an overview of our club and

Bette Perot PTA Running Club will be starting its FOURTEENTH YEAR for the purpose of promoting FUN, FITNESS, and FELLOWSHIP within our school community!

- We will meet every **TUESDAY** (starting **September 24th**) after school. (See below for date information). We will run laps around the back playing field. Warm ups and stretches will start at 3:10. Running Club will finish at 4:10 **sharp** (last lap is called at 4:00 to ensure that all children can leave by 4:10). Each runner will have their hand marked as he/she completes each lap around the playing field. At the end of the session, all of the marks are counted and recorded. We will tally them for the children to earn the ever-desired toe tokens to display on their back packs. Each runner will get seasonal monthly tokens, tokens for completing races (1 mile, 5k, 10k, etc.) outside of running club and other special tokens.
- We REALLY do need adult helpers, and “presence” every time we meet to make things run smoothly. If you would enjoy being a part of this worthwhile effort, please let us know; we will be happy to give you a job. There will be special raffles held for parent volunteers. The more hours you volunteer, the better chance you have of winning a prize!
- In case of inclement weather, the school front office will be notified by noon if running club will be held or not. We will also notify parents via the Facebook page and Remind. Please call the school office at 817-744-4600 if you are uncertain.
- Kids in grades 2-4 are welcome to run by themselves, although we always love when parents (grandparents, younger siblings in strollers, etc...) join us. At the end of the school day, there will be an announcement for Running Club and those in grades 2-4 will be released to their running club volunteer to start stretching.
- Kids in **Kindergarten and 1st grade** will need an adult guardian to be there while they run. **THERE WILL BE NO EXCEPTIONS TO THIS RULE.** The guardian can park their vehicle on the NORTH side of the building (on Dalton Street). Please do not park where your vehicle will interfere with the school’s release process. Please park by at least 2:50p and proceed to your child’s normal pickup area to walk him/her to Running Club. If your child is usually a car rider, please make sure that your child’s teacher knows that they will be picked up as a walker, or you may go inside the school to pick up your child on Running Club days. **YOU MUST stay at running club with your child at all times.**
- We are accepting applications for preschoolers that are bothers/sisters of BPES Running Club Members to participate with their older siblings; they will earn charms just like their longer legged counterparts! The cost per Preschool Patriot is \$5.
- To participate, please **fill out the Running Club Registration form in its entirety and return it with payment** to your child’s teacher as soon as possible. There are discounted rates for multiple children in the same family. We must have the completed release form **BEFORE** your child will be allowed to participate.
- Running Club T-Shirts for club members, parents and siblings may be purchased for \$10 each. Have your runner wear their t-shirt on Tuesdays so that the teachers know where to send your child after school. It is also fun for the kids to see and meet others in the club!
- Please make your checks payable to **BPE PTA.**
- To group order, we **MUST** have all order forms back by October 8th. **PLEASE ORDER EARLY!**
- We are looking forward to seeing you at the first running session on **Tuesday, SEPTEMBER 24th!** Please look at the PTA website (www.bpespta.org) for possible Running Club updates! Thank you for the opportunity to serve your family and contribute to the well being of our school community. If you have any questions or concerns, please feel free to contact Dana Johnson or Tammy King (bpesrunningclub@gmail.com).



Patriot Pacers Registration

Participant Information and Fees

Name of Participant(s)	Grade / Teacher	Cost \$
1. _____	_____ / _____	\$10
2. _____	_____ / _____	\$8
3. _____	_____ / _____	\$6
4. _____	Preschool Patriot	\$5

Total Registration Fees: \$ _____

T-Shirt (\$10 each)

Shirt Size(s) to Order:

YXS YS YM YL
 AS AM AL AXL AXXL

Total Tee Shirt Fees: \$ _____

Please make checks payable to BPE PTA, Thank you!

Total Fee: \$ _____

Contact info during RUNNING CLUB Tuesday afternoons (3:10 pm – 4:10pm):

Name	_____	Phone	_____
Name	_____	Phone	_____
Name	_____	Phone	_____

How will your child(ren) get home?:

I will attend with child(ren) in Preschool, Kindergarten and/or 1st.

My child attends Clayton after school care _____.

My child is a car rider/will be picked up.

My child be walking/riding bike home. **(signature required)** _____

Patriot Pacer Running Club

I, the parent or guardian of _____, hereby release the Patriot Pacers Running and the BPE PTA, all running club volunteers, and waive all responsibility on their part for any liability with respect to my child participating in a non-school sponsored running club. This waiver and release extends to all activities pertaining to this running club and shall release the Patriot Pacer Running Club, the BPE PTA, and all running club volunteers from liability.

Yes, I want to help with Running Club!

Signature of Parent/Guardian

Name of Participant(s)

Date

Parent Email Address